

Ortho-Bionomy® Advanced Phase 4



Putting the Pieces Together with Sara Sunstein, Advanced Instructor

*"I feel like I've got puzzle pieces lying about,
and each week you put together more pieces
of this puzzle." ~ client after a session*

October 1-2, 2022

Saturday-Sunday

9:30 a.m.-5:30 p.m.

Berkeley, CA

Pre-Requisite: Minimum 16 hours of Phase 4, including spine, pelvis, limbs

\$295 by August 31 to ensure class happens

\$265 for SOBI members repeating
who register by August 31

\$345 for all after August 31

Payment plans available—please inquire!

To Register:

Mail check for \$175 to Sara at
PO Box 6533, Albany, CA 94706

Info: 510.526.5414

info@sarasunstein.com

www.sarasunstein.com

Sara Sunstein, Advanced Instructor of Ortho-Bionomy®, has enjoyed teaching Ortho-Bionomy® since 1985. Praised for her warmth, expertise, and clarity, she maintains a practice in Berkeley, specializing in resolving pain, trauma, and emotions held in the body.

Learn how to put the pieces together!

Discover how and why to navigate from one part to the next, while exploring connections between the parts.

As you develop fluency and depth in the basic Phase 4 techniques, you'll also increase your understanding of Ortho-Bionomy's techniques as physical manifestation of its concepts and philosophy.

During this 16-hour seminar, we cover the entire structure. You'll learn:

For each part:

- * other body parts it directly affects
- * other body parts related to it
- * associated emotions, behavior, energies

* Additional Phase 4 techniques:

- * sternum
- * diaphragm
- * jaw
- * pubis
- * and more.

Remember, you'll be experiencing all this in your own body and beingness as well. Please join us to learn, revitalize, and grow.

Cancellation/refund policy: Cancellations 30 days before class are fully refundable, minus \$35 administrative fee. Cancellations 2 weeks before class receive back deposit or 50% of full fee, whichever is less, minus \$35 administrative fee. No refunds for cancellations less than 2 weeks before class, except in cases of emergencies.

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