

Ortho-Bionomy® Phase 4

with Registered Advanced Instructor, Sara Sunstein, MA



Ortho-Bionomy® Basics: Joints, Bones, Muscles

"I've studied several modalities of healing, but Ortho-Bionomy feels so much more natural than anything I've done before."

L. A. student after class

September 7-9, 2019

Saturday-Monday

9:30 am - 5:30 pm

Oakland, CA

No pre-requisites

Teaching is geared to all levels of experience, from beginner to professional.

This course fulfills 24 hours of Phase 4, SOBI Associate and Practitioner training programs.

This course approved by CA Acupuncture Board 21 CEU, Course Category 1, Provider #1445

\$465 Registrations by August 8

\$415--SOBI members repeating

who register by August 8

\$515 for all after August 8

Info: Beth, (707) 296-1070

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www.sarasunstein.com

Register: Send deposit, \$225 payable to Sara Sunstein, to Beth Youngdoff, PO Box 844, Isleton, CA 95641
Balance is due in class.

Sara Sunstein, M.A., Registered Advanced Instructor of Ortho-Bionomy®, delights in seeing students "light up" as they understand new concepts. She is praised for her warmth, expertise, and clarity.

Bony structure and muscles don't require force to come into balance--Ortho-Bionomy® provides an alternative that's gentle for the client and easy on the practitioner's body. When we stimulate the body's innate healing reflexes, it returns to balance and remembers ease. Without applying force, we can facilitate relaxation and releases to happen gently from within, feeling "like magic" to the one on the table. "How'd you do that?!" is their frequent comment. Function and flexibility increase. Peace and well-being surface, as well.

Ortho-Bionomy® provides relief for a range of concerns--from stress, tensions, headaches, and sprains, to injuries, chronic conditions and trauma. Being gentle, it's suitable for elders and children, as well.

Who should take this class?

- Hands-on practitioners who want to work smarter and easier
- Parents, friends who want to help others
- Those who want to understand the body better
- Those seeking professional body training

In this seminar you will learn:

- A compassionate, affirming way to connect with another (and yourself)
- Hands-on techniques to assess, relax, release, and re-educate the body, joint by joint (spine, pelvis, ribs, shoulders, limbs)
- History, philosophy, and concepts underlying the techniques
- Ways to blend Ortho-Bionomy® with other modalities

By the end of the seminar, you will be able to put your new skills into practical use.

Cancellation/refund policy: Cancellations 30 days before class are fully refundable, minus \$35 administrative fee. Cancellations 2 weeks before class receive back deposit or 50% of full fee, whichever is less, minus \$35 administrative fee. No refunds for cancellations less than 2 weeks before class, except in cases of emergencies.

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