



Ortho-Bionomy®

Cranial

with Sara Sunstein
Advanced Instructor

July 20-21, 2019

Saturday-Sunday

9:30 a.m.- 5:30 p.m.

Berkeley, CA

Pre-requisites: Phase 5, other cranial,
or Sara's permission

\$320 by June 20

\$295 SOBI members repeating
who register by June 20
\$375 for all after June 20

Info: Beth Youngdoff
707-296-1070

floatinglotusbeth@gmail.com
www.sarasunstein.com

Registration: Deposit is \$160
payable to Sara Sunstein. Mail to
Beth at PO Box 844, Isleton, CA 95641

Sara Sunstein, Advanced Instructor,
is grateful to have studied cranial with
Arthur L. Pauls, founder of Ortho-Bionomy®,
and to be able to pass on some of his legacy.
Sara is praised for her warmth, clarity, and
Expertise. She maintains a bodywork practice
in Berkeley helping people feel better, learn
about, and befriend their bodies and themselves.

Ortho-Bionomy® Cranial work? Yes-- Dr. Arthur L. Pauls,
founder of Ortho-Bionomy® approached the cranium based
on spirals he sensed within the three planes of movement. As
with all Ortho-Bionomy®, it's about moving-with, a combo of
hands-off and -on, which places it on the "energetic" end of
the spectrum of how to address the skull. Instructors have
since expanded the repertoire of addressing cranium and its
associated systems, such as lymph, cerebrospinal fluid, brain,
etc.

**The 26 bones of the skull fit together brilliantly with
sutures,** (similar to tectonic plates) allowing very slight shifts
and movements, perfectly suited to respond to subtle
attention--and also making it quite clear that we don't want
to manipulate them, nor work with just one or 2 bones. We
need to be aware of the entire arrangement as we work.

This 16-hour seminar includes:

- lymph clearing prior to cranial work--sinus, neck,
upper ribs
- hand positions developed by Dr. Pauls that
support balancing all the cranial bones in
all 3 planes.
- cranial techniques Sara has developed and
worked with, including impacts and
concussion
- cranial, facial nerves associated with discomfort
and twitching
- jaw, eye balancing
- and more....

Cancellation/refund policy: Cancellations 30 days before class are fully refundable, minus \$35 administrative fee.
Cancellations 2 weeks before class receive back deposit or 50% of full fee, whichever is less, minus \$35 administrative fee.
No refunds for cancellations less than 2 weeks before class, except in cases of emergencies.

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