

Ortho-Bionomy® Advanced Phase 4



Putting the Pieces Together With Sara Sunstein

*"I feel like I've got puzzle pieces lying about,
and each week you put together more pieces
of this puzzle." ~ client after a session*

August 25-26, 2018

Saturday-Sunday

9:30 a.m.-5:30 p.m.

Berkeley, CA

Pre-Requisite: Minimum 16 hours of
Phase 4, including spine, pelvis, limbs

\$320 if registered by July 20

\$295 for SOBI members repeating
who register by July 20

\$370 for all after July 20

To Register:

Check for \$175 to Sara at
P O Box 6164, Albany, CA 94706

Info: 510.526.5414

info@sarasunstein.com

www.sarasunstein.com

Learn how to put the pieces together!

Develop depth and fluency in the basic Phase 4 techniques, while you explore connections between parts and learn how to navigate from one part to the next. You'll also increase your understanding of Ortho-Bionomy's techniques as physical manifestation of its concepts and philosophy.

In this 16-hour seminar, we cover the entire structure.

For each part, you'll learn

- * other body parts it directly affects
- * other body parts related to it
- * associated emotions, behavior, energies
- * Additional Phase 4 techniques for diaphragm, sternum, jaw, pubis, and more.

Remember, you'll be experiencing all this in your own body and beingness as well. Come prepared to learn, revitalize, and grow.

Sara Sunstein, Advanced Instructor of

Ortho-Bionomy®, has enjoyed teaching Ortho-Bionomy® since 1985. Praised for her warmth, expertise, and clarity, she maintains a practice in Berkeley, specializing in resolution of pain, trauma, and emotions held in the body.

Cancellation/refund policy: Cancellations 30 days before class are fully refundable, minus \$35 administrative fee. Cancellations 2 weeks before class receive back deposit or 50% of full fee, whichever is less, minus \$35 administrative fee. No refunds for cancellations less than 2 weeks before class, except in cases of emergencies.

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